

Vision Checklist for Parents

Play Preferences

Likes to play Inside Outside With others Alone

Outdoors: Swing Bike Trampoline Scooter

Indoors: Prefers to be on a screen/phone/computer Plays well alone, using imagination

Special Interests

What kind of questions do you ask when helping select games/toys?

Tick the box next to any problem that seems to occur often for your child.

Signs of Focusing and Eye Teaming Problems

Covers or closes one eye when reading		Complains of words moving on the page	
Complains of eyestrain		Inattentive	
Complains of headache		Poor reading comprehension	
Complains of double vision		Loses place when reading	
Complains of blurred vision when reading		Complains of blurred vision looking from desk to board	
Rubs eyes		Holds book very close	

Signs of Tracking Problems

Loses place often		Uses finger to keep place	
Skips words and lines often		Short attention span when reading	

Signs of Visual Processing Disorders

Trouble learning left and right		Untidy writing	
Reverses letters and numbers		Trouble copying from border to book	
Mistakes words with similar beginnings		Doesn't recognise the same word repeated on a page	
Poor recall of visually presented material		Trouble with spelling and sight word vocabulary	
Slow copying and completing worksheets		Seems to know material, but does poorly on written tests	
Can respond orally, but not in writing		Erases excessively	
Trouble learning basic math concepts of size and magnitude		Poor reading comprehension yet good comprehension when listening	